# THE MENU



S I N C E 2 0 0 9 SERVING LUNCH & DINNER Monday - Thursday 1100-1300/1600-2100 Friday 1100-1300/1600-2200 Saturday 1500-2200 Sunday 1500-2100

# **STARTERS**

#### **ANTIPASTO**

Salami, Pepperoni, Ham, Fresh Mozzarella, Pepperoncini, Kalamata Olives, Roasted Peppers and Marinated Artichoke Hearts. Served with Garlic Knots 7.00

#### GARLIC KNOTS (6) VG

Served with Marinara Sauce 4.25

#### **CHICKEN STRIPS (4)**

Served with your Choice of Honey Mustard, Ranch or BBQ Sauce Dipping Sauce 6.25

### MOZZARELLA STICKS (5) VG

Served with Marinara 4.25

#### BASKET OF FRIES VG

Heaping Basket of Hot Crispy Fries, Half Traditional and Half Seasoned Curly Fries. Served with Ketchup and Ranch for Dipping 4.25

#### **GARLIC POMME FRITES** VG

Hot, Crisp Belgian-Style Frites Tossed with Butter, Fresh Garlic, Fresh Parsley, and Parmesan Cheese 4.75

### **SALADS**

#### SHOCKWAVE HOUSE SALAD VG

Mixed Greens with Tomatoes, Cucumbers, Cheddar and Mozzarella Cheeses, Black Olives and Sliced Red Onion with your Choice of Dressing 4.75

#### MEDITERRANEAN VG

Romaine, Spinach and Arugula with Black Olives, Red Onions, Sun-Dried Tomatoes, Artichoke Hearts, Feta Cheese Served with Feta Vinaigrette 6.00

#### CAESAR SALAD VG

Crisp Romaine Lettuce Tossed with Caesar Dressing and Topped with Seasoned Croutons and Parmesan Cheese 4.25

#### **ITALIAN CHOPPED SALAD**

Salami, Pepperoni, Ham, Fresh Mozzarella, Pepperoncini, Kalamata Olives, Roasted Peppers, Marinated Artichoke Hearts atop Shockwave's Mixed Greens 8.00

#### **BUFFALO CHICKEN SALAD**

Breaded Chicken Breast Tossed in Buffalo Sauce, with Chopped Tomatoes, Celery, Cucumbers, Jalapeños and Cheddar Cheese. Served on Crisp Mixed Greens with Bleu Cheese Dressing 6.75

Add Grilled or Crispy Chicken Breast to any Salad 3.00

#### **DRESSING OPTIONS:**

Caesar, Ranch, Honey Mustard, Bleu Cheese, Feta Vinaigrette, or Italian

## WICKED WINGS

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Served with Celery & Carrot Sticks and Ranch or Bleu Cheese Dressing

Traditional Small (6) 8.00 Large (10) 13.00 Platter (20) 24.00 Boneless Small (6) 7.00 Large (10) 12.00 Platter (20) 23.00

Sauces

Mango Habanero, Honey BBQ, Lemon Pepper, Classic Buffalo: Mild or Hot

Dry Rubs Lemon Pepper, Cajun, Garlic Parmesan

# MAINS

#### MEDITERRANEAN PASTA VG

Spinach, Kalamata Olives, Artichokes, Sun Dried Tomatoes, Mushrooms, Roasted Red and Yellow Peppers, Tossed with Pesto and Penne Pasta. Topped with Fresh Shredded Parmesan Cheese and Served with a Garlic Knot 8.25 Add Grilled Chicken Breast for 3.00

#### **BAKED TORTELLINI CARBONARA**

Cheese Tortellini and Bacon Baked in Alfredo Sauce. Served with a Garlic Knot 7.50

#### **CHICKEN PARMESAN**

Breaded Chicken Breast Topped with Marinara Sauce, Melted Mozzarella and Parmesan Cheeses. Served with a Side of Our Penne Pasta Marinara and a Garlic Knot 9.25

#### **CRISPY CHICKEN TENDER BASKET**

Served with Fries and Your Choice of Honey Mustard, Ranch or BBQ Sauce 8.50

#### PASTA BOWLS PASTABILITIES

Create Your Own Pasta! Pick Three Veggies, One Protein, and One Sauce Tossed with Penne Pasta and Topped with Fresh Shredded Parmesan Cheese. Served with a Garlic Knot 8.75 Sauces: Marinara, Alfredo, Pesto or Pesto Alfredo

Proteins: Grilled Chicken, Crispy Breaded Chicken, Italian Sausage, Ham, Ground Beef or Meatballs

Veggies: Broccoli, Spinach, Mushrooms, Artichokes, Peppers, Onions, Jalapenos, Tomatoes or Sun Dried Tomatoes

Make it al Forno! Topped with Mozzarella and baked in the oven! 1.00

Add More Veggies \$1.00 each Add More Proteins \$2.25 each

# HANDHELDS

**CHICKEN PARMESAN SANDWICH 7.00** Breaded Chicken Breast Topped with Marinara Sauce, Melted Parmesan and Mozzarella on Italian Bread

#### MARISSA'S ITALIAN HERO 7.00

Ham, Salami, Pepperoni, Italian Sausage, Fresh Mozzarella Cheese, Spinach, Red Onions, and Pepperoncinis, Stuffed in Hoagie Roll and Toasted

#### MEATBALL SUB 6.50

Meatballs Topped with Marinara Sauce, Sautéed Peppers and Onions, Melted Parmesan and Mozzarella Cheeses on Toasted Italian Bread

#### **THREE CHEESE CHICKEN** 7.25

STAFF FAVORITE! Grilled Chicken, Baby Spinach, Tomatoes, Smothered with Mozzarella, Parmesan, and Feta Cheeses, Toasted with Pesto on Italian Bread and Baked until Bubbly!

### Make it a combo! Add a side and fountain drink to any menu item 2.50



### Pick-up and Delivery Available Call 760.380.8646

# SIDES

TRADITIONAL FRENCH FRIES (3/8") 1.75

#### **SEASONED CURLY FRIES** 2.25

**VEGGIE STICKS** Celery, Carrot and Cucumber Sticks with Ranch Dressing 1.50

**SIDE SALAD** Mixed Greens with Tomato, Cucumbers and Red Onion with your Choice of Dressing (dressings listed in Salads section) 2.00

**SIDE CAESAR SALAD** Romaine, Fresh Shredded Parmesan, Croutons Tossed with Caesar Dressing 2.00

### SHOCKWAVE SPECIALTY PIZZAS

#### All Specialty Pizzas are 16"

THE ORIGINAL Tomato Sauce, Mozzarella, Fresh Basil, Tomato, Parmesan 17.00

#### **NEW! BUFFALO CHICKEN PIZZA**

Garlic Ranch Sauce, Mozzarella and Cheddar Cheeses, Grilled Chicken, Bacon, Red Onions and Shockwave's Wicked Wing Buffalo Sauce 18.00

#### **BBQ CHICKEN PIZZA**

BBQ Sauce, Mozzarella, Cheddar, Red Onion, Grilled Chicken 18.00

#### HUMBOLDT HIPPIE VG

Pesto, Mozzarella, Feta, Spinach, Sun-Dried Tomatoes, Artichoke Hearts, Red Onion 19.00

#### **NEW! CLASSIC HAWAIIAN**

Tomato Sauce, Mozzarella Cheese, Canadian Bacon and Pineapple 17.00

### PERSONALIZE YOUR PIZZA

Personal (8") 6.50 Calzone 5.00 Medium (12") 11.50 Large (16") 14.50 Note: Limit of three toppings on personal pizzas and calzones

All creations start with a choice of Sauce and Mozzarella Cheese Pick a Sauce: Marinara, Alfredo, Garlic Ranch, BBQ or Pesto

### TOPPINGS

First Topping .50 on all sizes! Additional toppings: Calzone .75 Personal (8") 1.00 Medium (12") 1.25 Large (16") 1.50

Bacon, Pepperoni, Canadian Bacon, Grilled Chicken, Italian Sausage, Salami, Ground Beef, Red Onion, White Onion, Tomato, Basil, Green Pepper, Red Pepper, Mushroom, Spinach, Black Olives, Pineapple, Artichoke Hearts, Sun Dried Tomatoes, Jalapeños

### **ADDITIONAL CHEESES**

Mozzarella, Cheddar, Feta, or Parmesan \$1.00/extra topping





