Good to Know

<u>CRISIS RESOURCES</u>

Emergency	911
Military Police	760-380-4444
Domestic Violence Hotline 24/7	760-267-6792
Family Advocacy Program	760-380-5467
FAP Social Work Services	760-380-6302
FAP Social Work Hotline	760-713-9523
Military One Source	1-800-342-9647

SHARP INFORMATION

NTC HOTLINE 760-401-3074

GARRISON SARC 760-267-6754

COVID-19 PREVENTION





Wash your hands often with soap and water for at least 20 seconds. Avoid touching your eyes, nose, and mouth.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

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Facebook

https://www.facebook.com/ informationReferralACS/

Military Family Life Counselors

Military Family Life Counselors will be available

by phone 8am.-8p.m. during COVID-19.

The Military and Family Life Counseling Program supports service members, their families and survivors with non-medical counseling worldwide. Trained to work with the military community, military and family life counselors deliver valuable face-to-face counseling services, briefings and presentations to the military community both on and off the installation.

760-718-0012 760-577-8501 760-267-4781

ARMY EMERGENCY RELIEF COVID-19

Please call 760-380-3513 to schedule Appt.

After Hours POC American Red Cross 1-877-272-7337