

Back to School 2k/5k Dash Run Timeline

Run Timeline

- 0700 – 0745: Registration & Check In
 - 0745- 0755: Runners Brief
 - Safety brief
 - Route brief
 - 0755 – 0800: Runner prep
- 0800-0845 (estimated completion): Run
- 0845-0900: Awards Presentation/Opportunity Drawings
 - 0900: Event End



For more information, call 760-380-7715



No federal endorsement implied.



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Back to School 2k/5k Dash Run Route

- **START: Jackrabbit Park**
- **END: Jackrabbit Park**
- Start @ Jackrabbit Park (Langford lake & B Ave)
- Go towards Inner Loop Rd
- CROSS Innerloop Road, STRAIGHT up Goldstone Road
- WATER POINT Omaha Beach & Rhineland
- RIGHT on Outerloop Road
- 5K turn around @ mailboxes between
Blue Bell and Silurian Hills
- RETURN to Jack Rabbit Park



For more information, call 760-380-7715

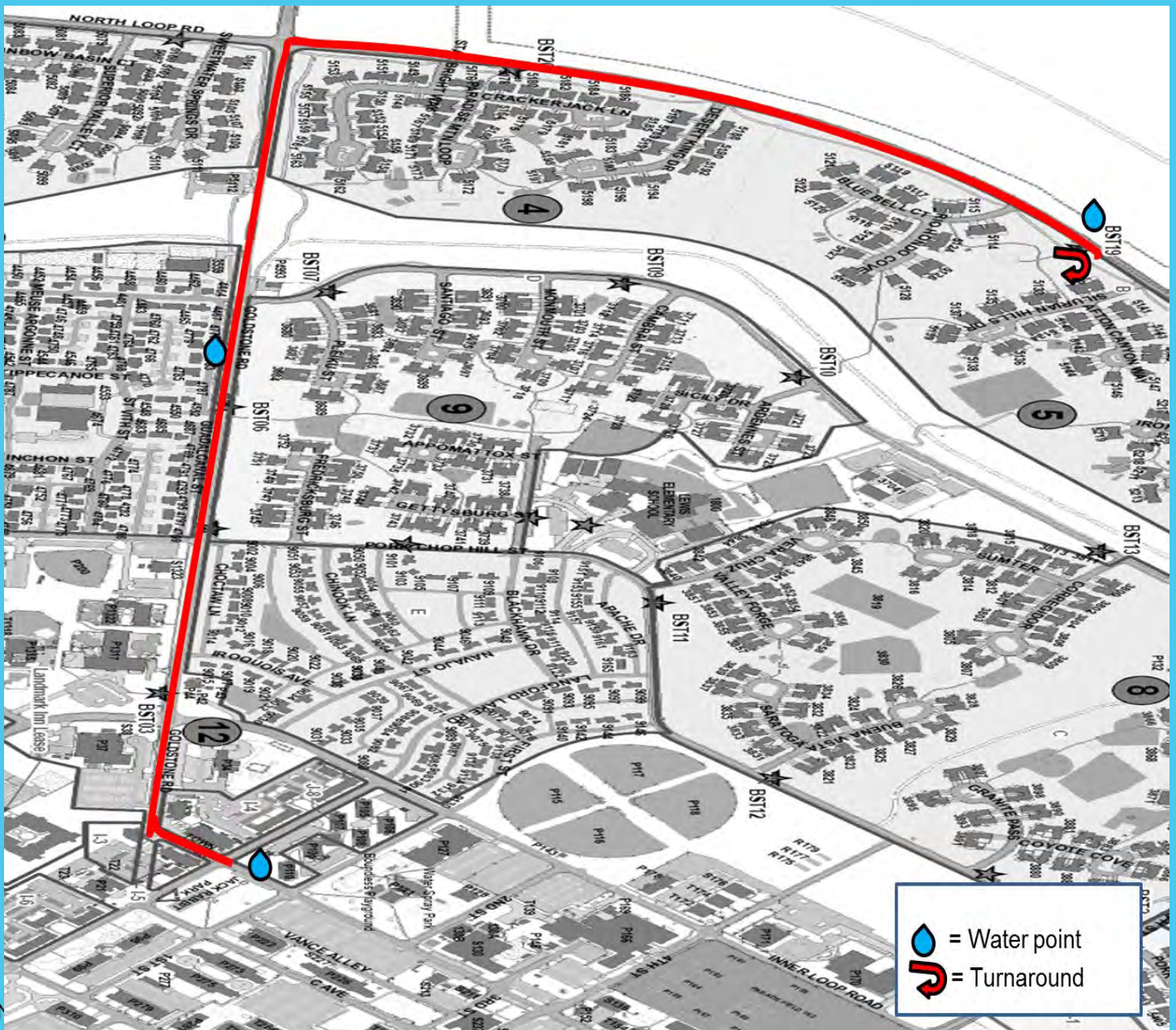


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Back to School 2k/5k Dash Run Route



Back to School 2k/5k Dash

What to look for:



Start and Finish flags will let you know where to start and when you can finally rest.

Running Hazards:

- rocks and pebbles
- vehicles on the road
- directional signs
- debris on the road
- road guards/crossing guards
- friendly burro or coyote!
- and OTHER RUNNERS



Directional signs will have "CAUTION RUNNING RACE" message at top, with arrows pointing in the appropriate direction.

For more information, call 760-380-7715 or 760-380-3698



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